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Resources for the Personal Trainer 5th edition. It consists of 22 chapters and is written by the American College of Sports Medicine. Refer to the image on this page so that you pick up the correct textbook. I recommend either picking the book up from the ACSM website or from Amazon.

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Build Your Personal Certification Exam Prep Plan. If you're considering an ACSM certification, you may be asking, "what do I need to do to prepare?" The short of it is that there is no one-size-fits-all study plan. Every person has a different way of learning and level of experience with the material.

ACSM Study Guide | Infographic
NASM Certified Personal Trainer Exam Prep: 2020 Edition Study Guide that highlights the information required to pass the National Academy of Sports Medicine exam to become a Certified

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Personal Trainer CPT Exam Prep Team
4.3 out of 5 stars 61

ACSM Certified Personal Trainer Exam Prep: 2020 Edition ...

ACSM Personal Trainer Exam Study Guide with Practice Questions What is the ACSM Certified Personal Trainer exam? The American College of Sports Medicine (ACSM) Certified Personal Trainer exam is intended for candidates seeking professional certification in personal training.

ACSM Personal Trainer Certification Review (Practice ...

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Amazon.com: ACSM Certified Personal Trainer Exam Prep ...

I also recommend the premium ACSM study guide from Trainer Academy is able cut your study time in half. ACSM Practice tests Without a doubt, one of the best ways to prepare yourself for any certification exam is by finishing a few practice tests.

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- Quick Overview

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ACSM Certification Review Study Guide: Certified Personal ...

Unlike other study guides that are stamped out in a generic fashion, our ACSM CPT (Certified Personal Trainer) study guide is specifically tailored for your exact needs. We refuse to pad a study guide as a means to convince people there is more information; this is a devious trick used to make you think you are getting more, when really it's all just wasting your time.

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